

**June – August 2025**

Bring water and a lunch. Wear sturdy footwear, dress appropriately for the weather and be prepared for weather changes. Snowshoes or grippers may be needed for winter hikes. Distances are round trip and approximate, as are elevation gains. Hike leader has discretion to refuse anyone who is not adequately prepared. If you are sick or have any symptoms, please stay home and join us next time.

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**June 7, Saturday – National Trails Day – Upper-Elevation Work Party, Killington**

Outdoor enthusiasts all over the country will be out this day sprucing up the trails for the summer hiking season. Come lend a hand as we clear brush and waterbars, paint blazes and cut blowdowns on the higher stretches of the Long/Appalachian Trail. Bring work gloves, sturdy shoes, lunch, water and bug spray, tools will be provided. Call **Larry Walter, 802-775-3855** or **Dave Coppock, 802-683-1614** for meeting place and time.

**June 14, Saturday – Green Mountain Club Annual Meeting, Waterbury Center**

Held this year at the newly opened visitor center, it's a great opportunity to meet staff members and folks from other sections, get updates on GMC activities and projects around the state, and join in some hikes after the business meeting. For information on registration, lodging, meals and additional activities see the summer issue of Long Trail News, or [greenmountainclub.org/annual-meeting](http://greenmountainclub.org/annual-meeting)

**June 28, Saturday – Lewis Deane Nature Preserve, Poultney**

A variety of trails traverse this beautiful 85-acre property. We'll make a 2 1/2-mile loop with several vistas overlooking Lake St. Catherine, the southern Adirondacks, and Taconics of the Mettawee valley, and have options to add exploration of other trails as well. Mostly moderate, with a few steep climbs. Bring a suit for a dip at the nearby State Park after the hike if you'd like. Call for meeting place and time. **Diane Bargiel, 413-687-1109**

**July 6, Sunday – Clark Brook Trail, Granville, Vt.**

We will ascend this trail along Clark Brook into the Breadloaf Wilderness, then climb more steeply to the Long Trail. On the Long Trail we will head north to a lookout with a southerly view. Good for those working on Side-to-Side certification. 7 miles, difficult at a moderate pace. Early start! Must contact leader by 7 p.m. Thursday to sign up. **Allison Henry, 802-779-4404**

**July 12, Saturday – The Dome, Pownal**

Climb to the top of The Dome, with large rock formations near the 2,724 ft. summit. 4.9 miles, difficult, with 1706 ft. elevation gain. See a map at <https://www.alltrails.com/trail/us/vermont/dome-trail> . dogs are welcome but must be leashed. Call leader for meeting place and time. **Larry Walter, 802-775-3855**

**July 19, Saturday – Silver Lake Paddle, Barnard**

Leisurely paddle around this small scenic lake in a state park, with option to swim afterward. Park fee of \$5/person except for holders of [Green Mountain Passport](#). Bring paddle-powered watercraft, an approved personal flotation device for each person, water, lunch and sun protection. Boat rentals may also be available. Contact leader by July 17 for meeting time/place and to sign up; leader may limit group size or change location in advance. Rain date Sunday. **Ruth Hare, [vt\\_rh@protonmail.com](mailto:vt_rh@protonmail.com) or [802-223-1196](tel:802-223-1196)** (evenings; voice only).



**Turn the page over, more hikes on the back!**

### **July 26, Saturday – Carriage Trail, Rutland to Proctor**

We will meet at the Proctor Skating Rink on the lower end of Olympus Road in Proctor to spot cars, then drive to the Georgetti Complex in Rutland to start the hike. The Carriage Trail runs through Pine Hill Park and then partly follows an old road from Rutland to Proctor. The trail is 5.1 miles long one-way with moderate elevation gain in the middle. Total climb is 540'. **Herb Ogden, 802-772-7322 [hogden@vermontel.net](mailto:hogden@vermontel.net)** for meeting time.

### **August 2, Saturday – Old Job Trail, Mount Tabor**

We'll follow the original route of the Long Trail along Ten Kilns Brook in the Big Branch Wilderness, where evidence of the once-thriving Silas Griffith lumber operation can still be seen. 4 miles, easy to moderate. Call leader for meeting place and time. Rain date Sunday. **Sue Thomas, 802-773-2185**

### **August 10, Sunday – Spirit in Nature Trail, Ripton**

Afternoon hike on the paths of Spirit in Nature, near the Robert Frost Trail in Ripton. As its website says "Immerse yourself in nature by walking any of the 14 paths. Each path is 1/7th to 1.5 miles long and includes posted sayings along the way to remind you how deeply connected faith tradition is to nature. Learn. Meditate. Relax. Enjoy. After walking the paths, come to the peaceful Sacred Circle, a large 60-foot diameter circle surrounded by towering white pines." Paths are Hindu, Jewish, Moslem, Bahai, Friends(Quaker), Christian, Pagan, Buddhist, Unitarian Universalist, Native American, Druid, Children's, Interfaith Peace Path and access paths, and a labyrinth. How many paths we take will depend on how far anyone wants to walk. Elevation change is slight and footing is mostly good to excellent. Contact leader for meeting place and time. **Herb Ogden, 802-772-7322 [hogden@vermontel.net](mailto:hogden@vermontel.net)**

### **August 24, Sunday – Birdseye Mountain, Castleton**

We'll attack it from the north side, ascending steeply at times up a dirt-track road to a view of the Green Mountains and Taconics to the north. From there we will have the option to continue to the south summit, a challenging traverse up and over several more humps. Minimum 5-mile round trip, difficult, with some steep climbing. Call the leader for meeting time and place. **Dave Coppock, 802-683-1614**

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## **Godnick Center Hikes for Seniors**

The Godnick Adult Center has a volunteer-run hiking group that meets every other week to venture out on hikes. The hikes are at a less strenuous pace for seniors and typically cover 2 – 4 miles, involve limited-to-moderate elevation gain, and try to avoid treacherous footing.

Participants should bring water, lunch and bug spray. Hikers are encouraged to wear sturdy footwear, long sleeves/pants (to protect against ticks) and be prepared for Vermont weather.

Hikes meet at 9 a.m. at the Godnick Center, 1 Deer Street in Rutland to carpool. We return in the early-to-mid-afternoon. All are welcome. Note: Hikes are subject to change due to weather and/or trail conditions. (and please, no dogs.)

**June 12: Eshqua Bog and Woodstock**

**August 7: Echo Lake Cookout, Plymouth**

**June 26: Pittsford Trails and Cemetery**

**August 21: Okemo**

**July 17: Chaffee Falls, Pittsford**

See the Godnick Center website and newsletter for details and contact information.

